

## {ingredients}

- 1/3 cup mayonnaise  
(I prefer olive oil mayo)
- 2 Tbsp. grated  
parmesan cheese
- 2 Tbsp. fine sliced green  
onions or chopped shallots
- 1 tsp. Corky's Grillin Pepper
- 1/2 tsp. worcestershire  
sauce
- Nonstick spray oil

## {Corky's Cookout Grillin Pepper and Parmesan Baked Fish}

### {Directions}

- Thaw fish if frozen
- Rinse fish and pat dry with paper towels
- Spray 10x6x2 inch bakin dish with nonstick spray
- Arrange filets in a single layer in pan
- In a small bowl, mix together mayonnaise, parmesan cheese, onion/  
shallots, Corky's Grillin Pepper and worcestershire sauce
- Spread mixture over fish fillets
- Bake uncovered in a 450° oven for 12-15 minutes or until fish flakes  
easily when tested with a fork



**Need to reorder Corky's Cookout Seasoning?**

Visit [www.corkyscookout.com](http://www.corkyscookout.com) or call (641) 420-3848

Like us on Facebook at [www.facebook.com/CorkysCookout](http://www.facebook.com/CorkysCookout)